

BE INSPIRED TO LIVE WELL



Healthy Eating • Physical Activity • Stress Management • Positive Attitude

LIVE WELL

Strategies for a Healthy Body

Learn more about metabolic testing, managing your diet, and simple steps for improving the quality of your life.

Free Seminar

Wednesday, June 11
7:30-8:30 pm

Bethlehem Township
Community Center

For More Information visit
www.LehighValleyChiropractic.com
or call 610.868.6800

LEHIGH VALLEY
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